

TEETH AND SMILE



I was able to achieve my goal.

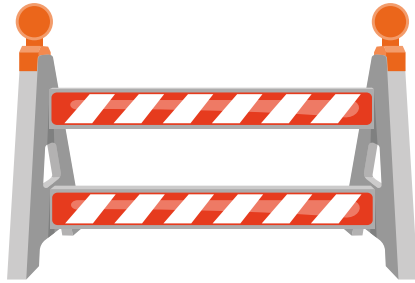
I was not able to achieve my goal.

I asked for help while working to reach my goal.





What can make it hard for someone to reach their goal?



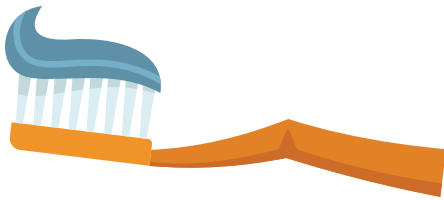
What can get in the way of someone reaching their goal?



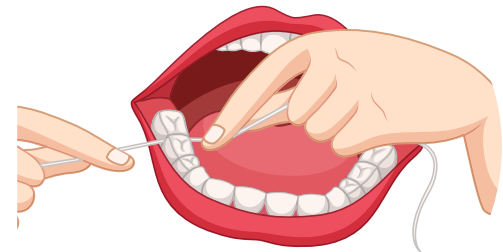
Goal Setting Chart

Today, I will _____ to improve or maintain my teeth or smile.

Draw a picture of each step needed to achieve that goal. Every time you complete that step, put a check in the box next to the picture.







Draw how you will feel when you achieve that goal!



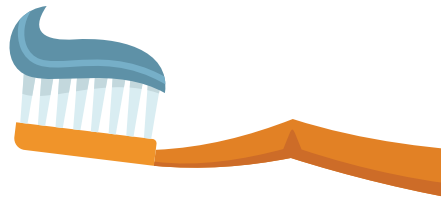


Goal Setting Chart

Today, I will _____ to improve or maintain my teeth or smile.

Draw a picture of each step needed to achieve that goal. Every time you complete that step, put a check in the box next to the picture.







Draw how you will feel when you achieve that goal!

