

RESEARCHING ORAL HEALTH



During today's class, you will...

1. Describe the impact of tobacco use on oral health.
2. Explain why most people do not use tobacco products.
3. Describe the potential consequences of tobacco trends/fads.
4. Identify sugary drinks.
5. Explain the importance of healthy food and drink choices

Introduction Activity

1

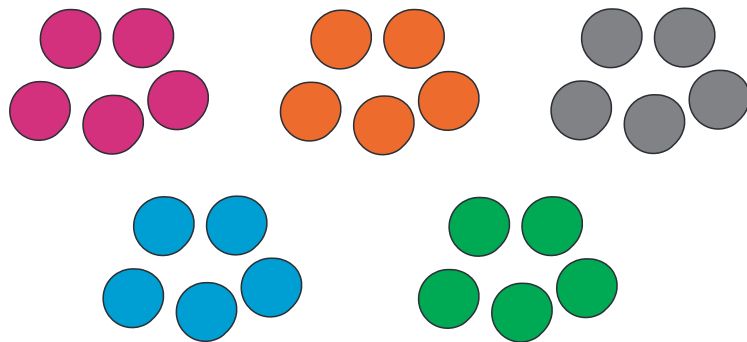
My definition for
Communication is...

2

Effective communication
is important for my health
because...

Jigsaw Activity

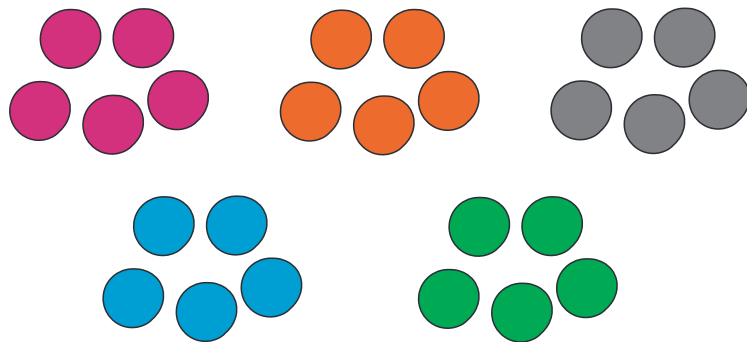
Stage 1: Expert Groups



Today

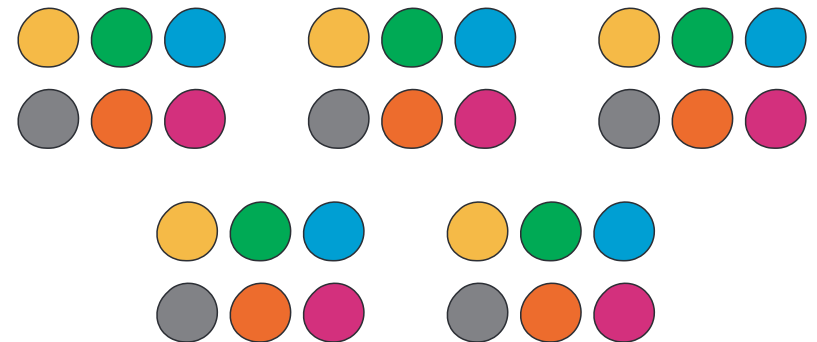
Jigsaw Activity

Stage 1: Expert Groups



Today

Stage 2: Jigsaw Groups



Next Time!

Research Questions

1. How does smoking or using chewing tobacco impact oral health?
2. How do food and drink choices impact oral health?
3. What health behaviors improve or protect oral health?
4. How does vaping impact oral health?
5. What drinks are the best and worst for oral health? Why?



Show What You Know

When you are with your expert group tomorrow, what will you share and how will you share it?

Example:

Our group researched the topic of _____.

The information we found was:

This information is important to know for our overall oral health because:

I will effectively communicate and share this information by:

COMMUNICATING ABOUT ORAL HEALTH & HEALTH BEHAVIORS



During today's class, you will:

- Communicate clearly about nutrition and oral health.
- Communicate clearly about tobacco use and oral health.
- Summarize the benefits of healthy behavior choices for promoting oral health and maintaining positive social relationships.

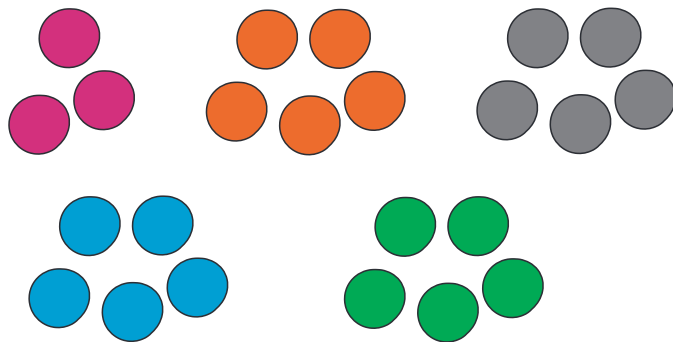
[You can change the wording to fit your lesson]

1

2

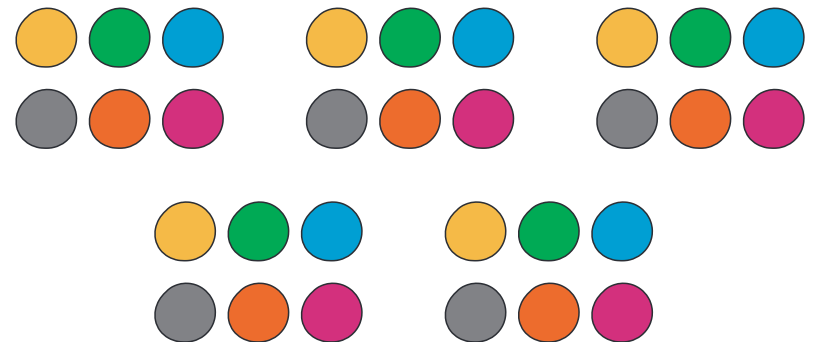
Jigsaw Activity

Stage 1: Expert Groups



Last Time

Stage 2: Jigsaw Groups



Today

Communication Reminders

1. Since we are in school and communicating about health topics, _____ while communicating.
The type of communication expected in a classroom is _____ than the type of communication expected elsewhere.

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5. Using voice effectively is important when communicating an idea because **tone, inflection, speed, and volume gives the audience (listener) insight into our meaning.**

Jigsaw Group Notes:

	Information I learned:	Effective Communication I saw or heard.
How does smoking or using chewing tobacco impact oral health?	<i>I learned that:</i>	<input type="checkbox"/> Spoke clear and slow <input type="checkbox"/> Defined words <input type="checkbox"/> Facial Expressions <input type="checkbox"/> Allowed time for notetaking
How do food and drink choices impact oral health? or using chewing tobacco impact oral health?	<i>I learned that:</i>	<input type="checkbox"/> Spoke clear and slow <input type="checkbox"/> Defined words <input type="checkbox"/> Facial Expressions <input type="checkbox"/> Allowed time for notetaking
What health behaviors improve or protect oral health?	<i>I learned that:</i>	<input type="checkbox"/> Spoke clear and slow <input type="checkbox"/> Defined words <input type="checkbox"/> Facial Expressions <input type="checkbox"/> Allowed time for notetaking
How does vaping impact oral health?	<i>I learned that:</i>	<input type="checkbox"/> Spoke clear and slow <input type="checkbox"/> Defined words <input type="checkbox"/> Facial Expressions <input type="checkbox"/> Allowed time for notetaking
What drinks are the best and worst for oral health? Why?	I learned that:	<input type="checkbox"/> Spoke clear and slow <input type="checkbox"/> Defined words <input type="checkbox"/> Facial Expressions <input type="checkbox"/> Allowed time for notetaking

Final Question to Discuss:

Use evidence from your research, your group mates' research, as well as personal experience.

How do healthy behavior choices promote oral health and positive social relationships?



✔ Show What You Know

Refer to the list of communication strategies on your student worksheet.

Which ones did you do well today?

Which ones do you need to practice more?



COMMUNICATING ABOUT ORAL HEALTH & HEALTH BEHAVIORS



During today's class, you will:

1. Demonstrate the use of effective verbal and non-verbal communication related to oral health.
2. Communicate clearly about nutrition and oral health.
3. Communicate clearly about tobacco use and oral health.
4. Propose improvements for personal communication techniques.

Introduction Activity

If your mouth could talk to you, what would it tell you about how healthy it is and how you're treating it?

30-60 Second Speech

How to keep mouths healthy and happy





Show What You Know

How can you use effective communication skills to enhance oral health?

