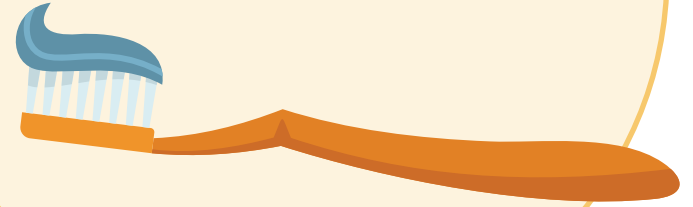
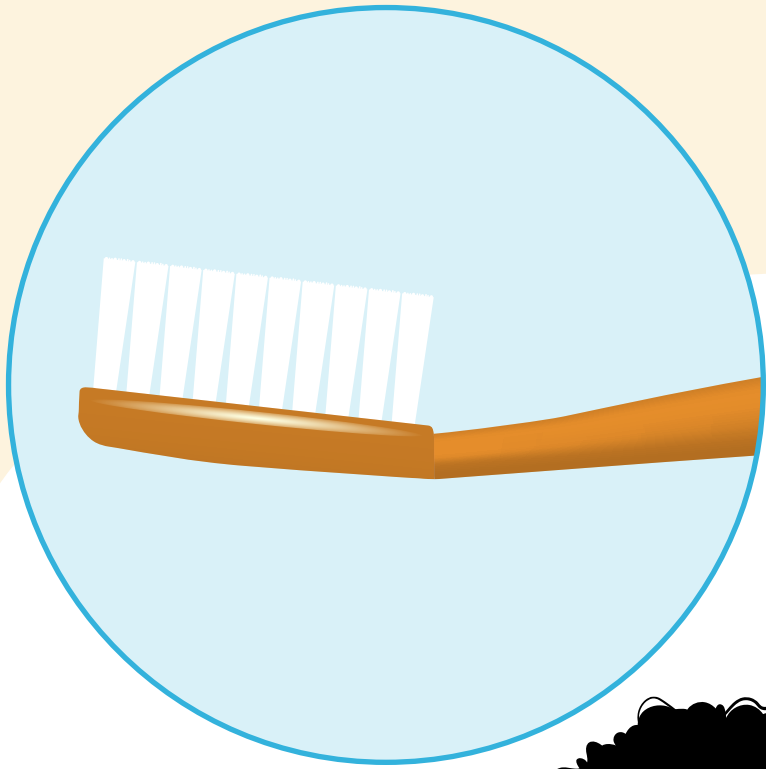


BRUSHING AND FLOSSING OUR TEETH









Toothbrushing Song



STEP 1

Wet your toothbrush.



STEP 2

Apply toothpaste to your toothbrush.



STEP 3

Smile! Brush the bottom, top, and sides. And brush your tongue.



STEP 4

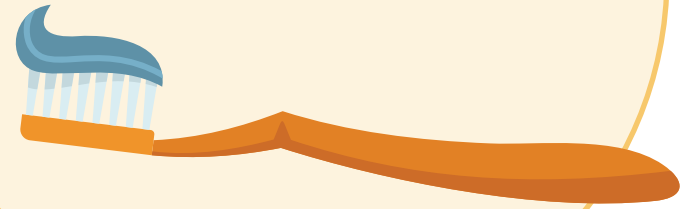
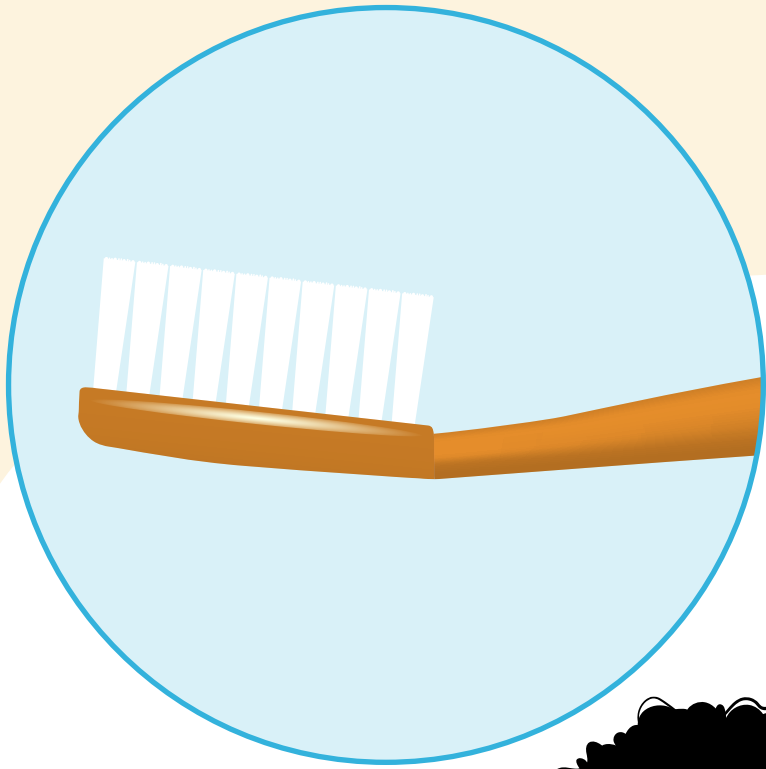
Rinse your mouth.



LET'S PRACTICE PROPER BRUSHING AND FLOSSING









STEP 1

Wet your toothbrush.

**STEP 2**

Apply toothpaste to your toothbrush.

**STEP 3**

Smile! Brush the bottom, top, and sides. And brush your tongue.

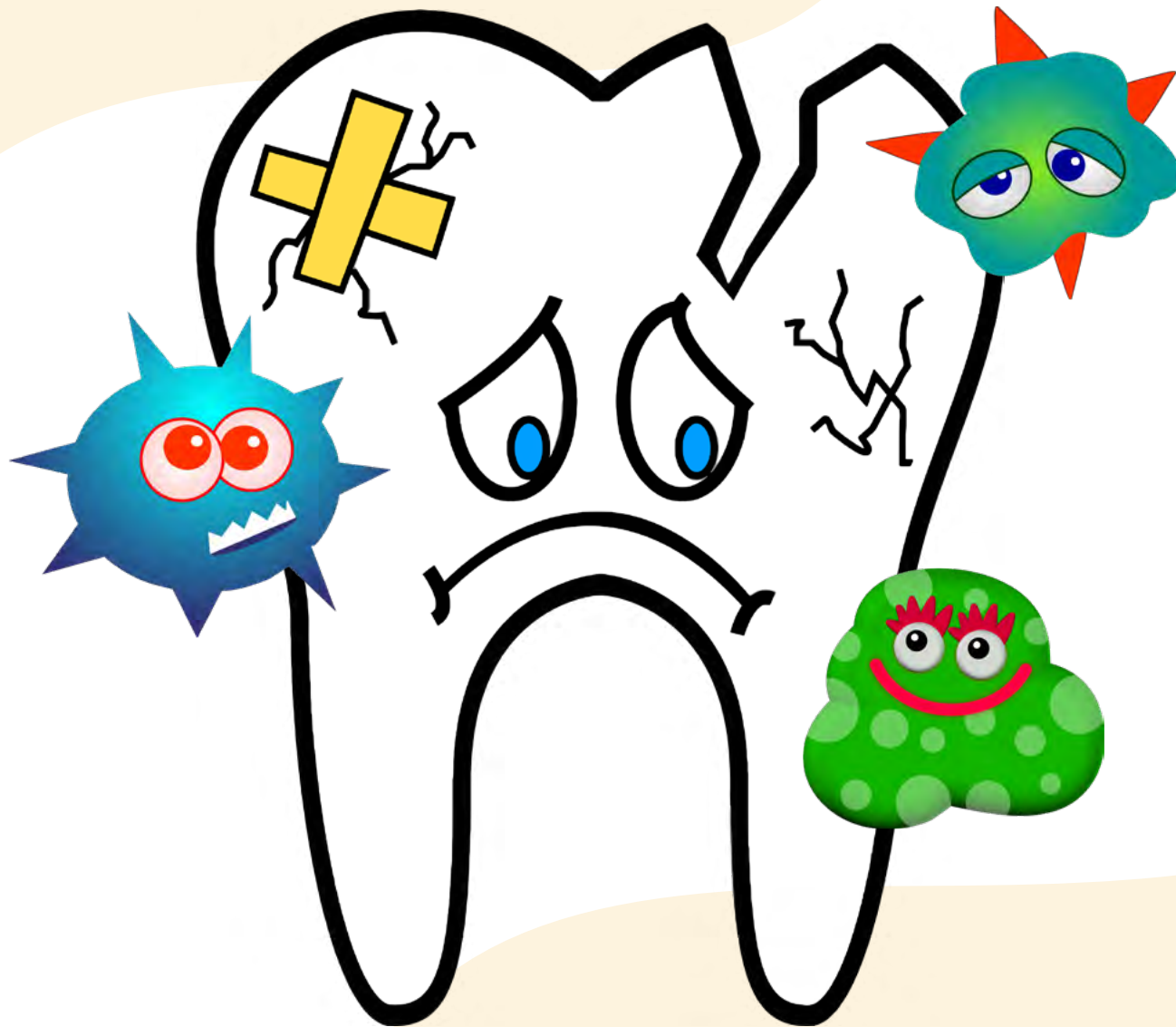
**STEP 4**

Rinse your mouth.

**DON'T FORGET!**

For good oral hygiene, floss your teeth!

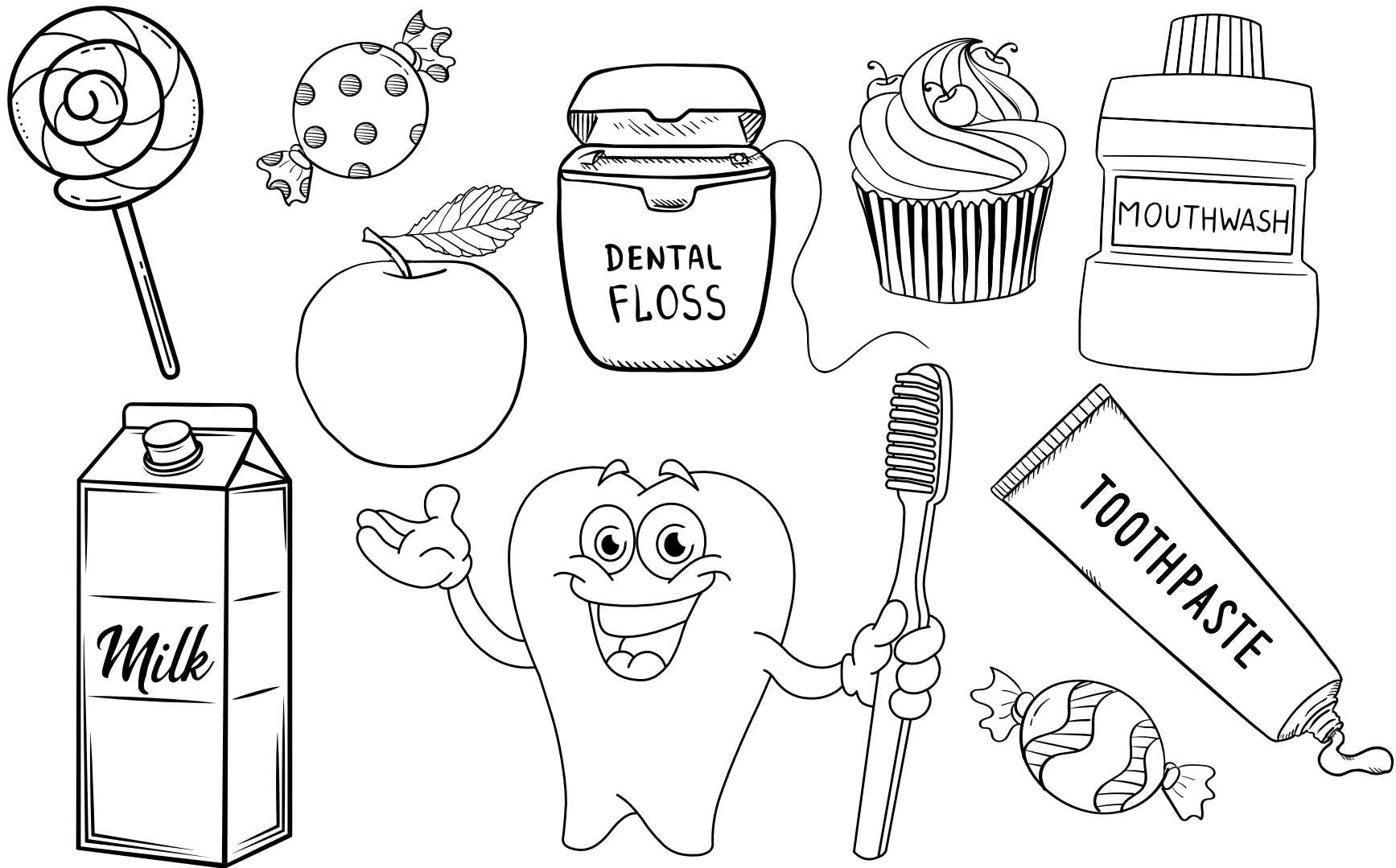






Keep your teeth strong and healthy!

Directions: Circle the pictures of things that are good for you teeth and put an X on things that can cause cavities and decay.



Keep your teeth strong and healthy!

Directions: Circle the pictures of things that are good for you teeth and put an X on things that can cause cavities and decay.

